Information for Students

School Counselor

About Your

To Make an Appointment

School Counselor

School counselors may also:

• Help you clarify your options
• Explain how they work
• Listen carefully to what you have to say
• Encourage you to make your own decisions
• Help you to try out some new ways of doing things
• Ask you to do some less to work out why you
• suggest ways to help you learn better
• suggest others who may be able to help (e.g.

School counselors work with students of all ages to help students of all
School Counselors: What do they do? What can they help with? Are they confidential?

School counselors work with students and their families, helping them deal with a variety of issues and concerns.

Confidentiality is a key aspect of school counseling. Counselors are trained to keep information about students and their families confidential, unless there is a legal or safety reason to do otherwise.

Who is a school counselor? What does a counselor do?

School counselors are professionals who help students and their families with a variety of issues, including academic, social, and emotional concerns. They provide support, guidance, and resources to help students reach their full potential.

They work closely with students, teachers, parents, and other school staff to address any concerns and provide the best possible support.

What can a school counselor help with?

School counselors can help with a wide range of issues, including:

- School work and academics
- Personal and social problems
- Emotional well-being
- Family issues
- Career planning and decision-making
- Health and safety
- Legal and financial concerns

They can help students develop skills for handling a variety of challenges they may face in school and beyond.

How do you make an appointment with a school counselor?

Contact your school's counseling office or your child's teacher to make an appointment for a consultation.

What kind of work do school counselors do?

School counselors work closely with students, teachers, parents, and other school staff to help students overcome challenges and reach their full potential.

They provide support, guidance, and resources to help students succeed academically and personally.

School counselors are trained to identify and address a wide range of issues, from academic struggles to personal and social problems.

Are counselors confidential?

Yes, confidentiality is a key aspect of school counseling. Counselors are trained to keep information about students and their families confidential, unless there is a legal or safety reason to do otherwise.

Students can discuss anything with their counselor in confidence, knowing that their information will be kept private.

School counselors are not required to keep information confidential if there are legal or safety reasons to do so, such as when a student is in danger or at risk.

Contact the counseling office of your school to learn more about confidentiality in school counseling.